

Aurélie Beer (1979 – Belgian)

Interdisciplinary artist and expressive art therapist

Aurélie, an avid traveler and adventurer for whom traveling became an aesthetic experience, searched for inspiring and engaging scenes around the world: these then transformed into art.

Without losing the purity of craft, Aurélie erased the borderlines between artistic disciplines and versed herself in theater, action painting and Reading. Being an artist, for her, requires constant training.

As a fashion designer, Aurélie created from a space that reformulated life in the present with life in the past. In her art, Aurélie rescues the past. Her creations carry her to self-knowledge through her experience with her ancestors; and her spiritual search and her travels, between Belgium and Peru, alter her perspective and provide contrasts from which to grow. She never abandons her roots; she leaves a space to return to. That way she constructs step by step, her world, her family and her community. She integrates the past and transforms her present.

Aurélie graduated BA with Honors in Fashion at Middlesex University in London in 2002. Afterwards, she started working for prestigious companies such as Veronique Leroy, Martin Margiela and Lanvin in Paris. She moved to the distribution area of the Dutch company C&A, designing and producing; then she worked for the Chinese market for several years. Self-taught in Architecture, she remodeled several housing projects in Belgium and abroad. She then became a Doula, formed by Michel Odent in London. Then she chose to enhance her CV and to complement her studies with a master in expressive art therapy at TAE Lima Peru. She concluded her Master at the European Graduate School (EGS) in Switzerland.

Fashion was her first concrete creative approach; then, through architecture and painting, she started translating her soul's voice into dialogues between the three dimensional and two dimensional, going from one to another to complete and enrich herself and the work. Now, like the branches of a tree, the two dimensional and three dimensional live and grow together in her art.

Her artistic research is inspired by her genealogical tree because she explores the transformation of old family memories by making them conscious through painting and other media such as theatre, performance and poetry. Aurélie Beer assembles images, materials, textures, stories and impressions as roadmaps. These define her multi modal expression and are then translated into pieces of art: paintings, performances, and theatre pieces, etc. She is keen to create astonishment in her community through her artworks.

Aurélie Beer creates work that tastefully surprises, magnifies uniqueness and leaves a trail. Her interest lays in the essential, the framework, the basic elements of things; and to be at the heart of learning, change, and well-being. Her multi-faceted approach escapes the constraints of one single discipline. Her free-style attitude helps her work with contrasts, professionalism and balance.

Being an art therapist has allowed her to find a way to build bridges between her multiple interests and to meet her need to give meaning to life.

As a result, she deeply understands what it is to take care of herself as an artist, as a mother and as a therapist.

Prior to launching her own practice, she welcomed the opportunity to develop her therapeutic work and to gain experience. She worked with Asperger, autistic and highly sensitive children in an organization in Lima for a couple of years.

Her diverse education and her experiences finally led Aurélie Beer to open her own art therapy practice, where she works as a therapist through the arts. Here, she blends her training and her talent to create exceptional artworks that are attuned to her client's world. Furthermore, her own creative work gives her the platform to stay connected to herself and others.

Today, she works from her studio in Lima and does art workshops to accompany adults, adolescents, children and their families in their process of transformation. She is presenting her artistic world in ArtLima 2015 and at the Belgium Embassy in May 2015.

As a designer, painter, and expressive art therapist, Aurélie

Beer views herself as Markus Alexander puts it:

In an ever-changing world, finding tools to make a bridge between current and future generations.

*Learn from the past, prepare for the future, live in the present.*

*Thomas S. Monsoon*

*Art heals by accepting the pain and doing something with it.*

*Shaun McNiff*