Born Newtownards, Northern Ireland. Previously a member of Cork Artists Collective and Backwater Artists Group Cork before relocating to Belfast and joining Queen Street Studios, in 2003. Has exhibited extensively throughout Ireland and increasingly internationally in China, Berlin, Mexico, Spain and Lithuania. In 2006 she curated and took part in 'Through Our Eyes' in the Painting Center, New York followed by 'Intersections' in Tokyo, both part of international exchange exhibitions organised by Green Dog Arts, which she co founded with Ima Pico and Ruth McCullough in 2004. In 2007, she was selected for the Smithsonian exhibition of new Northern Irish Art (Resolutions) at the Katzen Center for Arts Washington DC.

In March 2008 Gail had a solo exhibition 'Jouets' at the Spectrum Gallery, London. She has had five other major solo exhibitions (Cosmic Dig, Albert, Arc, Pelt and Cheerful Tips for Living and Dying) between the period 1997 – 2005 as well as participating in numerous group shows including the first ever exhibition of artworks by women artists from Northern Ireland at the Guayasmin Gallery, Havana, Cuba. She has received awards from Arts Council Ireland, Arts Council Northern Ireland, Cultural Relations Committee and the British Council. Work is in the collection of Crawford Municipal Gallery, Cork, Trinity College, Dublin, Bank of Ireland and Arts Council Northern Ireland, Harland and Wolff, David Roberts Collection, London. Her first collection of poetry 'Coyote Leaping' was published in 2005 by Bradshaw Books, Cork.

In August 2009 she will exhibit 'Kreis', experimental work on the theme of conflict at the Golden Thread Gallery Project Space, Belfast . From September – November, she will be Artist in Residence at the Centre Culturel Irlandais, Paris.